GIFTED SUPPORT NETWORK

FALL '22 SPEAKER SERIES

THURSDAY 09/15:

Encouraging a Flexible Mindset in Gifted Individuals

Presented by Justin Villet

In order to try to aid in the development of the whole child, a flexible mindset is necessary, but "having" one is easier said than done, especially with a young gifted individual. The problem is that many people don't really know how to focus on this in a "real" and logistically-sound way. This presentation outlines some of the issues, guides educators through creating a system that integrates content mastery and skill mastery, and provides formats so that educators and parents can effectively work together.

THURSDAY, 11/03:

Perfectionism, Stress, and Anxiety in High-Ability Youth

Presented by Emily Kircher-Morris, LPC

Gifted and twice-exceptional learners have unique environmental factors that influence the types of situations that cause them stress and anxiety. They may show signs of perfectionism when overwhelmed or frustrated that things are going the way they expected. How can parents and educators support these bright learners to regulate their emotions and manage their stress? This presentation will focus on practical strategies that can help these children and teens thrive.

LOCATION: Community Commons at Spencer Road Library (427 Spencer Road, St. Peters, MO)

TIME: 7:00-8:00 PM

COST: Free to the public

Graduate credit (1.0 credit hour) is available through Lindenwood University for educators. Attendance at both events is required to earn credit hour.

REGISTER NOW

